

Report to: Children's Services Scrutiny Committee

Date of meeting: 21 September 2015

By: Director of Children's Services

Title: Local Children and Adolescent Mental Health Services (CAMHS) Transformation Plan

Purpose: To update the Committee on the development of joint CCG/local authority plans to use additional CCG funding for CAMHS services from 2016/2017

RECOMMENDATION

The Committee note the draft Transformation Plan at Appendix 3 and offer comment as appropriate to be taken into account as the Plan is finalised and approved by East Sussex Clinical Commissioning Groups

1 Background and supporting information

- 1.1 The Government indicated earlier this year that additional funding would be provided for mental health services for children and young people. In August detailed information was provided about this funding, with specific allocations for each Clinical Commissioning Group (CCG). The allocations for East Sussex CCGs are set out in Appendix 1 which also sets out the current investment in services by both the CCGs (collectively) and ESCC. Some of the new funding is identified as specifically for the development of services for eating disorders; the rest can be used more flexibly. National guidance on the use of the funding was published at the same time and is attached as Appendix 2. This reflects key themes from the report in March of the national task force on children's mental health, "Future in Mind".
- 1.2 The funding is conditional on the approval by NHS England of Local CAMHS Transformation Plans, which must be submitted in draft by 16 October 2015. There is some funding which can be released in the current financial year, subject to approval of Plans.
- 1.3 There is currently no pooled budget arrangement for children's mental health services across the CCGs and the County Council. (A formal arrangement was in place between 2010 and 2013 but was not maintained after the establishment of the three CCGs as it was agreed that a more overarching approach to aligning budgets would be preferable to formal arrangements around specific service budgets.) Decisions about the use of the new funding are therefore for the three CCG governing boards. Through the Better Together governance framework it has been agreed, however, that a single East Sussex Plan should be drawn up and that the draft should be considered by the joint CCG/ESCC Better Together Board on 14 October 2015.
- 1.4 The local NHS England team has asked to see draft Plans ahead of the 16 October 2015 deadline so that they can provide feedback to be taken into account before drafts are finalised. They have asked to see first drafts by 11 September 2015. The draft at Appendix 3 has therefore been submitted as a basis for initial feedback. The draft does not set out detailed proposed allocations from the new funding, but signals the following key areas for investment:
 - (i) A stronger service for eating disorders, using the new national service specification and working with West Sussex and Brighton and Hove to develop a consistent offer across Sussex.

- (ii) Some increase in perinatal mental health services, again following national guidance.
 - (iii) Primary mental health workers, to provide more direct work with children, young people and families where the needs of children and young people are not such as to require a specialist CAMHS service, but where targeted support would be helpful, and to strengthen links between CAMHS, GPs and schools
 - (iv) More support for young people who present at Accident and Emergency departments, building on the liaison psychiatry service currently provided for adults. This increased support is likely to be planned and resourced on a pan Sussex basis, recognising the use by young people of hospitals other than those provided by ESHT.
 - (v) Further strengthening of the mental health expertise currently embedded within different local authority services, working with particularly vulnerable groups (young offenders, looked after children, care leavers, children who are adopted and the whole family SWIFT and FDAC services). This strengthening will include developing a new service offer for children who have experienced sexual abuse.
- 1.5. While it has been submitted to NHS England for initial scrutiny, as required, the draft Plan will be the subject of further work over the next month, to identify the specific funding allocations required for each of the strand and the best options for achieving maximum benefit in each area.

2. Conclusion and reasons for recommendations

2.1 The new national funding for CCGs for mental health services for children and young people provides an opportunity to strengthen CAMHS and broader mental health services in East Sussex. The draft local Plan at Appendix 3 reflects key themes from the national task force report, particularly around earlier intervention, crisis support and support for particularly vulnerable groups.

3.2 Any views and comments the Committee wishes to offer on the draft Plan will be noted and taken into account in discussions with CCG colleagues as the Plan is finalised and as it is implemented over the coming months.

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APPENDICES

Appendix 1 - Summary of funding allocations to East Sussex CCGs and current investment in CAMHS services

Appendix 2 - NHS England guidance on the development of Local CAMHS Transformation Plans

Appendix 3 - Draft East Sussex Transformation Plan (work in progress)